

# PREPARATIONS

## **1. Abdominal Ultrasound in A.M.**

Fat free supper (no fatty meats, no butter, no cream, no oil, no eggs, and no chocolate)

## **2. Abdominal Ultrasound in P.M.**

Fat free breakfast (no milk, no butter, no cream, no eggs) 6 hours before your appointment.

One hour before the test, you may have one cup of liquid with no cream or milk. Medication may be taken with a sip of water.

## **3. Pregnancy and Pelvic (Male & Female Studies)**

Finish drinking 1 litre of water or juice one hour before your appointment time.

**DO NOT EMPTY YOUR BLADDER**

## **4. Abdomen and Pelvic Combined Ultrasound in A.M.**

Fat free supper (no fatty meats, no butter, no cream, no oil, no eggs, and no chocolate).

Finish drinking 1 litre of water one hour before your appointment time.

Medication may be taken with a sip of water.

**DO NOT EMPTY YOUR BLADDER**

## **5. Abdomen and Pelvic Combined Ultrasound in P.M.**

Fat free breakfast (no milk, no butter, no cream, no eggs)

Finish drinking 1 litre of water one hour before your appointment time.

Medication may be taken with a sip of water.

**DO NOT EMPTY YOUR BLADDER**

## **6. Prostate Ultrasound**

Two hours prior to exam, insert one Dulcolax suppository (available as over counter medicine at drugstore). One hour prior to exam, drink 1 litre of juice or water.

**DO NOT EMPTY YOUR BLADDER**

## **7. Musculoskeletal/Small Parts Ultrasound**

No preparation necessary.